



## 25 WAYS TO *Savor Fall*

1. Go apple picking. Learn about the different varieties currently in season.
2. Wear your favorite sweater and boots. And if you're feeling really stylish, add a scarf.
3. Take Fido for a long walk on a nature trail or in a wooded area.
4. Make apple butter.
5. Pick a pumpkin from a patch. Points to you if you take along a child.
6. Buy a cheery pot of mums. Or several.
7. Sip a pumpkin latte and read a good book in your favorite coffeehouse.
8. Rake a pile of leaves and toss them in the air, just to watch them float to the ground.
9. Simmer a pot of soup on the stove when the weather turns cold.
10. Add light to a dreary day by burning scented candles. Pumpkin spice or apple cinnamon, of course!
11. Bake an apple pie. You have permission to cheat and buy a store-bought frozen one to bake.
12. Save seed from your favorite flowers.
13. Roast a butternut squash. When it's hot from the oven, slather it with butter and brown sugar.
14. Make a fall wreath.
15. Saute nuts in a pan on the stovetop. Four tablespoons of unsalted butter + 1 teaspoon of sea salt + 1 cup of pecans or almonds or walnuts and cook over medium heat for 5 - 7 minutes until golden brown.
16. Find the closest scenic route and take a fall color tour.
17. Make a pumpkin mug cake.
18. Build a bon fire and roast hot dogs and marshmallows.
19. Go on a hay ride. Dress warmly!
20. Make fried apples. One sliced Granny Smith + 1 tablespoon of butter + 1 tablespoon of brown sugar + 1 handful of walnut pieces. Saute apple in butter over medium heat until barely tender. Add sugar and walnuts and cook until it starts to caramelize.
21. Decorate your porch with a scarecrow and colorful mums.
22. Bake a loaf of pumpkin bread.
23. Attend a fall festival. Bonus points if it's named after a fruit or vegetable.
24. Carve a pumpkin and roast the seeds.
25. Make a list of 10 things you are thankful for!